THE COTTONWOOD TENNIS CLUB NEWS

FEBRUARY 2008 VOLUME 2, NO.5

President's Message

By Wayne Mangold

The president's comments are dedicated to those who volunteered this past season. I have to start with the board members who have been unselfish with their time and unbiased with the issues requiring some difficult decisions. Thanks to Susan Stewart, Kelz Kelzenberg, Pat Bowlus and Ron Petersen. Special thanks to Jack Szatkowski and his assistant Mary White.

The men's and women's organized schedules were the result of Pam Johnson's, Gene Brown's and Bob Walk's tenacity to solicit monthly organizers and manage the play schedules. The men's and women's league success is attributed to Kay Tymn, Pete Dalecio, Lou Galiano and Susan Stewart with her assistant Mary White.

With Susie Welker creating publicity, the club has received extensive coverage to promote both our charitable and tennis activity events. Pete Gorman always had the camera ready to photograph (sometimes removed unwanted wrinkles). JoAnn Flachsmann and her faithful companion Armin created one of the best websites and newsletters (electronic and paper). Pat Davidson and Jack Szatkowski spent several hours to remodel and layout a new bulletin board.

Judy Crane and her many assistants feed us at each event. Carole Kile managed the staples' inventory. The director of member comfort (new title) Roger Diddock provided the chairs.

Al Wagner and his Bradshaw Committee had a successful event and all enjoyed the commentary during the trophy presentations. Thanks to his committee – Peter Gorman, Faye Haynes, Kathy Klotz, Tony Simonelli, Art Miller and Don Neu.

Our dinner coordinators Hanne Mangold, Bill Triquart, Neda & Bill Mead, Rae & Bob Lewis, Jane & Tom Atkins and Pam & Walt Lenar provided great menu selections for our palates. Our upcoming picnic coordinators, Pat & Lou Galiano and Gail & Tony Mongiello, promise an event un-marveled by any other. Kathy Klotz is working hard on the upcoming recreation evening.

Thanks to membership chairman Adriana Michael for her orientations of new members and keeping an accurate membership database. Thanks to her husband Bob (a non-member) for encouraging her to assume this responsibility.

Thanks to our umpire captain Gerry Carr, ball machine coordinators Chuck Hall & Ron Petersen, apparel coordinator Harvey Trachtenberg, Sun Shine coordinators Julie Mooney and Pat Hall, Recreation Committee representatives Keith Nelson and Ron Petersen and our rating committee members Kathy Klotz, Nancy Riggs, Al Wagner and Jack Fitzsimmons. Our election committee (Dan Bowlus, Pat Davidson and Jack Fitzsimmons) did a great job interviewing and selecting the board candidates to lead next year.

I have to mention Paul Thorhauer for the many repairs and the addition of new shelving in both storage units. Don Neu continues to assist with many projects and leading the tennis lessons on Monday and Tuesday evenings.

Last but not least are the many other volunteers who made this year a success – Donna Nelson, Nancy Sluzewicz, Bud Kile, Peg & Richard Onken, Marilyn & Bill Brenner, Carol & Dan Rosler, Sara & Tom Traver, Dick Haynes, Kathy & Larry Sundsrud, Debbie & Gerard Claseman, Carol Raskin, Dee Rasmussem, Gerry Picker, Nancy Riggs, Kaipo Simonelli, Carol McCulley, Bert Wall, Tony Garcia, Doug Penn, Dennis Rosenquist, John Crawford, Lou Simmons, Bud Arneson, Ernie Laenertz, Terry Kilbreath, Charlie Sivertson, Dick Aplin, Ray Johnson, Del Hardy, Bob Beck, John Hood, Mary Ann Hall, Teddy Cole, Donna Peterson, Lucy Kastin-Geller, Mary Jane Williams, Nancy Ross, Lois Koenig, Eleanor Gold, Penny Petersen, Becky Paschal-Snyder, Nancy Kelley, Sherry Manier, Marsha Coffman, Christie Thomas and Jean Aplin. **I know some were missed -- you have my apologies for the omission!**

Wayne Mangold, President

INSIDE THIS ISSUE

Message from the President	1
Club Events	2
Extra	3
Tennis Tips	4
League Information	5-6
Closing	7

Tournament Director

Jack Szatkowski

Hello Members --- I hope your holidays were happy, I know mine were. It can warm up anytime soon for my taste - anything below 80˚ seems cold to me. Down to business ---

The social with Oakwood went very well, but we lost by two matches. Again it came down to the last several matches. Several members did not get to play because Oakwood did not have enough players to match our numbers. Mary will keep track of those who did not get to play and make sure they play in the next social. Congratulations to Oakwood.

The men and women doubles tournament did not get completed till the Monday after the tournament. The first day of the tournament got rained out so things got shuffled around a bit, but the tournament finished with some very exciting matches. Congratulations to the winners. The awards for this tournament are long sleeved t-shirts. They had to be ordered after the tournament was completed because of sizes so it may take a few weeks. I will probably hand them out at the mixed doubles tournament, if not before.

The mixed doubles tournament and the social with Leisure World are up next and by the time you read this, it will have been completed. There is a mistake in the directory about Leisure World and Trilogy; they are both played here, not away as the directory has them listed.

Jack Szatkowski, T.D.
Terri Heichelbech, T. D. Asst.

UPCOMING EVENTS
Mark your calendar !

Dinners & Meetings
San Tan Ballroom
Social--5:00 Dinner--6:00 Meeting--7:15
March 19 - Dinner & Meeting
April 5 - CTC Social Picnic

CTC Socials/Inter-Clubs / CTC Closed
Feb. 4-8 - CTC Closed Tournament - Mixed Doubles
Feb. 9 - LeisureWorld Inter-Club at Cottonwood
Feb. 23 - *The Robson Cup*
March 1 - Trilogy Inter-Club at Cottonwood
March 14-15 - East/West Social--SL & SB - at Cottonwood

February Dinner & Meeting

Santan Ballroom
Wednesday, February 20, 2008
No Host Bar: 5:00 pm - Dinner 6:00 pm - Meeting 7:15 pm
Menu: Beef Stroganoff & Noodles, Tossed Salad, Rolls, Cherry Cobbler, Coffee & Tea
Your Host & Hostess: Tom & Jane Atkins Cost: $15.50
Sign up now !
On the agenda -- election of the new board !

Publicity

Susie Welker

Please send any newsworthy publicity items to Keith & Susie Welker. Every month, articles and photo(s) are sent to about 4 local publications, and we would be delighted to include your league's results (be sure to give me a written script). If anyone has photos for publication, please e-mail those as well and be sure to include a caption. Whether each newspaper prints what we send is not guaranteed. Publicity articles for the winter editions of the SPLASH have been recently limited to 500 words. Names of some participants and/or winners may have to be omitted in order to report more of the news. My apologies!
keithsusan@earthlink.net

Welcome New Members !

Rod & Penny Johnson

Current Membership -- 301

Often times we send out broadcast emails to all CTC members. However, many times we get emails returned as undeliverable! Please be sure to add … president@cottonwoodtennisclub.com and webmaster@cottonwoodtennisclub.com to your address book to ensure our emails reach your inbox. And please be sure to let us know if you have an email address change !

CTC Meeting Minutes can be found on www.cottonwoodtennisclub.com for your review prior to each monthly membership meeting!

www.cottonwoodtennisclub.com – The first place for news out and about the CTC! News, information and more!

RATING COMMITTEE

The Rating Committee met on December 19th and on January 21st to review data and update results from the Doubles Tournament and the Fall League Sessions. Current Color Level Charts will be posted on January 28th. The next meeting is scheduled for the end of March or early April and will include data from the Spring League Session. Please submit your Rating Review Request forms sometime in March to assure review.

Susan Stewart, Rating Committee Chair

Tennis quote of the month!
"Whoever said, it's not whether you win or lost that counts, probably lost."
--- Martina Navratilova

Mastering Your Choking Response

One of the most common questions is "why do I always miss easy shots?"

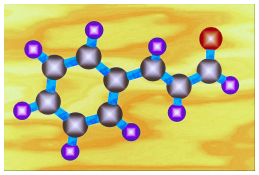
Controlling your own choking response is not some inborn genetic talent. It's a learned skill. If you become obsessed with not choking, it is almost certain you will choke. Your attitude should be, if you choke, you choke. It's okay. And then let it go. Stay positive and move on.

You should set performance goals and not outcome goals. Setting outcome goals creates expectations that lead to choking. Performance goals allow you to find success in your losses and to facilitate the growth of confidence.

Increasing confidence in key technical skills will also help you overcome choking. You should develop a second serve that rarely fails under pressure. You should improve any stroke that consistently fails you under pressure. Sometimes, the problem is technical rather than mental. It helps to laugh at your mistakes rather than to break your racket. If you can see the humor in your situation, it will allow you to stay positive. Accept what has happened and walk away from it with a smile. Don't berate yourself with negative self-talk. If you find yourself engaging in negative self-talk, say to yourself, let it go, and focus on the next point. Focus on each point, one at a time. During the point, there should be no past or future, only the present.

Most players believe they have to win to have fun. But actually, they have it reversed. Winning is a byproduct to the right attitude toward the game. Challenge yourself to have fun each and every time you go onto the court.

Every tournament brings up some rule situations and questions ---
1. Ball in Play (Rule 11) --- Is a point decided when a good shot has clearly passed a player, or when an apparently bad shot passes over the baseline or sideline? No. A ball is in play until it bounces twice or lands outside the court, hits a permanent fixture, or hits a player.
2. Hindrance (Rule 26) --- If a player is hindered in playing the point by a deliberate act of the opponent(s), the player shall win the point. However, the point shall be replayed if a player is hindered in playing the point by either an unintentional act of the opponent(s), or something outside the player's own control.
USTA Comment 26.2 - Can a player's own action be the basis for that player claiming a let or a hindrance? No. Nothing a player does entitles that player to call a let. For example, a player is not entitled to a let because the player breaks a string, the player's hat falls off, or a ball in the player's pocket falls out. (The opponents may call a hindrance when the ball falls out of the opponents pocket if they do so immediately. However, the first time this happens it is considered an unintentional hindrance and the point is played over. Anytime during the match that it happens again the opponents can call a hindrance and take the point.)
3. Talking (The Code – 33) --- Talking during a point. A player shall not talk while the ball is moving toward the opponent's side of the court. If the players talking interferes with an opponents ability to play the ball, the player loses the point. Consider the situation where a player hits a weak lob and loudly yells at his or her partner to get back. If the shout is loud enough to distract an opponent, then the opponent may claim the point based on a deliberate hindrance. If the opponent chooses to hit the lob and misses it, the opponent loses the point because the opponent did not make a timely claim of hindrance. (Players should never argue in a loud voice over any situation that occurs on the court as this affects many players, the players partners and also the players on the nearby courts. If this occurs, the tournament director needs to stop that match and move it off the court and based on the situation, either call a double default or default the team or player based on known facts.)
4. Scoring disputes (The Code – 32) --- Disputes over the score shall be resolved by using one of the following methods, which are listed in the order of preference: A. court all points and games agreed upon by the players and replay only the disputed points or games; B. *play from a score mutually agreeable to all players; C. spin a racket or toss a coin.
I hope to see more smiles which will result in less choking on the court.



The Science of Tennis

WATCH FOR MORE HELPFUL TIPS FROM DON NEU IN THE UPCOMING ISSUES!

Men's Tuesday League - Pete Dalecio, Director 895-7704

The Men's 2007 Fall Tuesday League ended on Jan.15th. Team #5 captained by Peter Gorman and assisted by Pete Dalecio, Horst Flachsmann, Harry Segar, Jim Rinehart, and Ron Petersen finished in 1st place. Team #1 led by Tony Garcia and supported by Chuck Hall, Paul Riedell, Geza Magyar, Austin Kile and Joe Wallis finished in 2nd place.

The Men's 2008 Spring Tuesday League started on Jan. 22nd. Once again it is composed of only 5 teams. We had room for 6 teams, but unfortunately not enough players signed up to play in the league. The 2008 Spring League will run to April 1st providing we do not have any rain-outs.

Men's Thursday League - Lou Galiano, Director 895-6093

The fall portion of the league was completed on Jan. 17th. The winning team was Jack Peterson's Chrome Domes. Members of the team were -- Dick Perrine; Dick White; Jack Peterson; Larry Arpan; Jack Fitzsimmons and Tony Simonelli. In second place was Jim Dittmann's team, who came from 4th to 2nd on the last day. Good job guys! Team members were -- Jack Epps; Lou Galiano; Jim Dittmann; Roger Diddock; Gerry Carr and Mike DeMalleville. Both teams recieved a nice prize for their efforts. A party was held after the last match, but it was too cold for the dancing girls to show up.

The new draft has been held and the spring portion of the league is now under way. Captains for Spring 08 are; Jim (What Rule) Dittmann; Wayne (Allmost Ex President) Mangold; Jack (Chrome Dome) Peterson; Keith (I'll be the Prez someday) Nelson; Al (NO, I'll be the Prez someday) Wagner; and Jack (Nobody can spell my name) Szatkowski (side note to editor - better check the spelling on that!). I Once again, remember 99% out is in!

Women's Monday League - Susan Stewart, Director 895-6385

The Fall Session ended on January 14th with a very nice Patio Party hosted by Judy Crane and Susie Welker. Congratulations to Davidson's Darlin's, who were the winning team just inching ahead of Plant's Playmates, White's Wizards and Kilbreath's Divas. Winning team members were Captain Pat Davidson, Adriana Michael, Dorothea Flachsmann, Pat Bowlus, Neda Mead, Tricia Lorgan, Karin Herrmann and Susan Stewart. The Spring Session began with a bang on January 21st with all new teams, and so far Davidson's Darlin's are ahead once again. It looks like another battle.

.....continued on next page

Don' forget drop-in tennis on Sundays starting at 7:00 pm for beginners and intermediate levels !

League Information . . . *continued*

Women's Wednesday League - Kay Tymn, Director 895-3584

The Wednesday League had a grand finale party on the tennis patio on 1/23 at the end of the Fall session. "The Roaring Lions", captioned by Teddy Cole, took first place with a whopping 181 points. Players Sherry Manier, Kathy Sundsrud, Carole Kile, Judy Crane and Mary Helen Anderson celebrated their victory! Goodies and a variety of refreshments were served to players and subs as they chatted and looked forward to the start of the Spring session on 1/30/08. Be sure to add your name to the list of subs posted on the tennis board. Don't miss out on the fun and camaraderie of a great group of women. The League wants you!!

Mixed League Organized Play - Gene Brown, Coordinator - 802-3456

Friday's Mixed Doubles would like to thank Dan Rosler for taking over the January scheduling duties on such short notice. Thanks Dan!!!

Organized Play - Bob Walk, Coordinator - 940-6009

Attention all Tuesday and Thursday organized play tennis participants! I am once again asking for dedicated and responsible volunteers to take on the weekly sign-up and final court assignments for one month starting this April thru March of 2009. This is a fun job and you get to meet a lot of nice tennis players. This tennis club is totally run by volunteers like yourself, so please give me a call and sign up. 480-6009 No references needed. The procedures for organized play are on pages 8, 9 & 10 of the membership directory.

Organized Play - Pam Johnson - Lead Coordinator - 802-0461

Ladies -- We have lots of courts available for Winter--Spring Women's Organized Play on Mondays and Wednesdays. We share the courts on both of these days with the Level I and Level II Women's Leagues. The Women's Organized Play monthly coordinators post the Signup Sheets at 8:00am one week prior to the date of play. Schedule Sheets showing court assignments are posted two days prior to the date of play. Please come and join us for some fun social tennis play. See you on the courts! NOTE: No Organized play Feb. 4-8 from 10:00 am on due to the mixed doubles tournament !

This newsletter is published monthly, six times a year, October through March, by the Cottonwood Tennis Club, Sun Lakes, Arizona. This club was established to provide opportunities for tennis playing residents of Cottonwood Palo Verde at Sun Lakes to participate in organized play, team play, tournament play and social events with friends and neighbors with a common interest. IronOaks and Sun Lakes Country Club residents may also join the club if they have paid the appropriate annual fee required by the Cottonwood Palo Verde Homeowners Association.

An annual club membership entitles members to participate in Monday-Friday mornings organized play, club tournaments, league participation, club-sponsored social events, and a subscription to the newsletter and websites..

Membership meetings are held monthly, October thru April. Time and place of meetings are posted on the club bulletin board and in this newsletter, and on the websites!

THE COTTONWOOD TENNIS CLUB NEWSLETTER
JoAnn Flachsmann, Editor
Armin Flachsmann, Asst.
26604 S. Shumaker Drive
Sun Lakes, AZ 85248

Email: arminandjoannaz@aol.com

Member Name
Street Address
City, ST ZIP Code